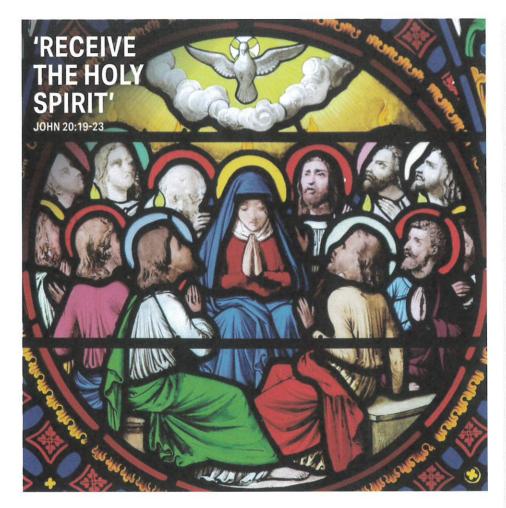
Sunday Message

THE WORD

Year B • 19 May 2024 • Psalter Week 3



Today, we enter into a Gospel story framed by fear and unknowing. Not only has word reached the disciples surrounding the empty tomb and the disappearance of the body of Jesus, but Mary Magdalene has brought to them news of a risen Jesus.

They sit in a room wondering what kind of future lies ahead of them and without warning, Jesus appears to them with the tenderness of a loving parent. 'Peace be with you', he says, words that are familiar to us during our mass. Turning to our neighbour and offering a sign of peace is a tender moment in our celebration of the Eucharist. But the tenderness of Jesus in this gospel is borne out of consideration for his disciples. They need him now more than ever. They are alone in the world without their spiritual father to lead them. So Jesus does something that will become one of the most powerful images in our Gospels. He breathes on them. It's a hugely symbolic act. Remember, he breathed his last when he died on the cross. But John's Gospel tells us that his breath continues to live on even after his death. This breath is in fact the power of Jesus being handed over to the disciples so that they may find courage in times of despair, healing in times of sickness and compassion in times of weakness. This is the work of the Holy Spirit and the disciples will go forward from this encounter to proclaim the life and power of the Holy Spirit to the people of God.

DO

This week, let us renew our commitment to the gifts of the Holy Spirit by becoming aware of how we live out these gifts in our home, our workplace and our community. Practice these gifts with the same tenderness shown by Jesus in today's gospel.

LEARN

As children making our confirmation, we read about the gifts of the Holy Spirit as part of our sacramental preparation. The gifts are: Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety and Fear of the Lord (Is 11: 2-3).

REFLECT

oday's readings from the Acts of the Apostles and John's Gospel offer a startling contrast in how the coming of the Holy Spirit was experienced by two writers. Firstly, Luke's account presents us with the power of the Spirit with the house shaking and a violent wind coming in to fill the whole space. Not only this, but the disciples experience the gift of tongues, and a crowd gather in bewilderment as they hear their own languages being spoken. John's account however is gentler and more restrained with Jesus recognising the frightened disciples and comforting them with demonstrations of his hands and side. The Spirit of Pentecost then is portrayed as powerful and gentle, the one we call to our aid when times are difficult and the Spirit who comes into our lives to transform and even heal.

Pope Benedict XVI offers this explanation: "This Solemnity makes us remember and relive the outpouring of the Holy Spirit on the Apostles and the other disciples gathered in prayer with the Virgin Mary in the Upper Room. Jesus, risen and ascended into Heaven, sent his Spirit to the Church so that every Christian might participate in his own divine life and become his valid witness in the world. The Holy Spirit ... opens hearts to hope and stimulates and fosters in us an interior maturity in our relationship with God and with our neighbour."



SAY

"Lord you have made us for yourself, therefore our hearts are restless until they rest in you." (Saint Augustine)

WELCOME TO THE PARISH OF THE MOST HOLY AND UNDIVIDED TRINITY THE CATHOLIC CHURCH IN GRIMSBY, CLEETHORPES AND IMMINGHAM

St Mary on the Sea Church Heneage Road, Grimsby DN32 9DZ	Corpus Christi Church Grimsby Road, Cleethorpes DN35 7LH	Our Lady Star of the Sea Church Allerton Drive, Immingham DN40 2HP
Parish Priest Very Rev Canon Andrew Col St Mary's Presbytery	Rev Stephen Durkin	07505 559360 deacon@holytrinitygci.uk
Heneage Road	Sr Ann Helen Byrne CSJP	01472 692370
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SUNDAY 19TH MAY 2024 − SOLEMNITY OF PENTECOST

'OPEN OUR HEARTS AND OUR MINDS'

Saturday 18 th May	5.00 pm 6.00 pm	Mass in Immingham (Hymns: 296, 772, 780, 368, 974) Grace Walsh RIP – Val & Family) Mass in Grimsby (Polish)	
Sunday 19 th May	9.00 am	Mass with the Crowning of Mary in Cleethorpes (Hymns: 296, 772, 780, 368, 974) (Missa pro populo)	
	11.00 am		ning of Mary in Grimsby (Hymns: 303, 302, 664, 967, 368, 287) te Brown)
	3.00 pm	Holy Hour with the I	Rosary and the Crowning of Mary in Immingham
Monday 20 th May	2.00 pm	Open Prayer Hour in Cleethorpes	
Tuesday 21 st May	10.00 am	Celebration of Word and Holy Communion in Cleethorpes	
Wednesday 22 nd May	v 6.30 pm	Mass in Grimsby (Theresa Boulton RIP – Pat & Graham)	
Thursday 23 rd May	1.00 pm	Funeral Mass for Eileen Little RIP in Grimsby	
Friday 24 th May	10.00 am	May Procession and Benediction in St Joseph's Catholic Academy	
	1.30 pm	•	Benediction in St Mary's Catholic Academy
	3.00 pm	Wedding Mass for G	abriel Galvan and Carla Oliveria in Grimsby
Saturday 25 th May	10.00 am	Holy Hour in Cleethorpes	
	5.00 pm	Mass in Immingham	
	6.00 pm	Mass in Grimsby (Polish)	
Sunday 26 th May	9.00 am	Mass in Cleethorpes (Haithwaite & Walker Families – Maureen Walker)	
Trinity Sunday	11.00 am	Mass in Grimsby (Rob	ert Dermot Abba RIP – Mary & Bob Abba)
Eucharistic Adoration	n		Our Parish Safeguarding Representatives
Sunday	3.00-4.00 pm	Immingham	Richard Mellows, Sarah Pollard and Shelagh Winter: if you
Wednesday	5.45-6.25 pm	Grimsby	have any safeguarding concerns or DBS enquiries, please
Saturday	10.00-11.00 am	Cleethorpes	email richard.mellowspsr@dioceseofnottingham.uk or call or
Sacraments of Anoin	ting of the Sick and	Reconciliation	send a text to 07513 725509.
Wednesday	5.45-6.15 pm	Grimsby	Diocesan Schools in Our Parish
Saturday	10.15-10.45 am	Cleethorpes	St Joseph's Catholic Primary Academy
And also before and	l after Mass, by app	ointment, and at call	Philip Avenue, Cleethorpes (01472 690672)

To celebrate the sacred liturgy online – youtube.com/c/HolyTrinityGCI

St Mary's Catholic Primary Academy

Wellington Street, Grimsby (01472 357982)

The Lord is truly risen, alleluia, alleluia! We are an Easter People, and 'Alleluia' is our song! Send forth your Spirit, O Lord, and renew the face of the earth!

PLAY YOUR CARDS RIGHT

June 1st 2024 @ 7pm Holy Trinity Parish Hall

Join the Grimsby Catenians for a social evening of classic British entertainment

Hosted by Mark "Good game, Good game" Kingston

All money raised on the night will be given to Harbour Place Grimsby Entry fee: Please give a donation when you arrive Raffle: A raffle will be held during the evening Bring Your Own Food and Drink Grimsby Catenians We meet at The Grimsby Golf Club on the first Wednesday every month



Follow the Catenians on Facebook **Pope Francis' Prayer Intention for May, the Month of Our Lady – the formation of religious and seminarians:** May religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

Cycle of Prayer: During the Season of Easter, we pray for: new members of the Church; vocations; human work; the right use of the media; and the Church. We also pray for our young parishioners and those who mentor them, the sick and housebound, the recently deceased, and those whose anniversaries occur at this time.

Welcoming Spaces: Holy Trinity Parish Hall is open to anyone who would like some welcoming company this week:

Weds 12:30 pm – 4:30 pm Welcoming Space

Everyone is welcome to come in for free, with tea, coffee and biscuits available for all who would like them!

Blessing of Bees - 19th May 2024: Fr Andrew will bless the apiary immediately after Mass in Corpus Christi Church this Sunday, 19th May. In an address to beekeepers in 1948, Pope Pius XII emphasised that 'bees are models of social life and activity, in which each class has its duty to perform and performs it exactly [...] without envy, without rivalry, in the order and proposition assigned to each, with care and love. Then, loaded down with sweet-scented nectar, pollen, and propolis, without capricious gyrations, without lazy delays, swift as an arrow, with precise, unerring, certain flight, it returns to the hive, where valorous work goes on intensely to process the riches so carefully garnered, to produce the wax and the honey.' We have much to thank bees for, which is why the decline of bees in this country is extremely worrying please visit wwf.org.uk/learn/fascinating-facts/bees for more information about this, as we continue to promote care for our creation in environmental justice.

Crowning of Our Lady – **19**th **May 2024:** May is Our Lady's month, and so today, the Solemnity of Pentecost, when we remember that the Holy Spirit descended upon the disciples who were gathered in the Upper Room with Our Lady, we will crown the statues of Our Lady in Corpus Christi Church and at Mary on the Sea Church during Mass, and at 3.00 pm we will have Eucharistic Adoration with the recitation of the Five Glorious Mysteries on Our Lady Star of the Sea Church, followed by the Crowning of Our Lady in the Grotto; this liturgy will be followed by light refreshments.

This Friday, 24th May, everyone is welcome to the Crowning of Our Lady and Benediction of the Most Blessed Sacrament of the Altar in St Joseph's Catholic Academy at 10.00 am and in St Mary's Catholic Academy, continuing in St Mary on the Sea Church, at 1.30 pm.

During this month of May, let us remember to say the rosary and find in Our Lady an example of Christian discipleship that all can follow.

Eightieth Anniversary of D-Day – 6th June 2024: We will host a Civic Service of Remembrance on the eightieth anniversary of D-Day in St Mary on the Sea Church on Thursday 6th June at 6.00 pm in the presence of the Worshipful the Mayor of the Borough of North East Lincolnshire, Cllr Stephen Beasant, representatives of His Majesty's Armed Forces and civic dignitaries. All will be welcome to attend from across our borough and parish, as we give thanks for the bravery of all who laid down their life for our freedom.

Solemnity of the Most Holy Body and Blood of Christ – 2nd June 2024: To celebrate and give thanks for the institution of the Most Holy Eucharist, there will be **Holy Hour** in Corpus Christi Church on Sunday 2nd June, at 3.00 pm, to which all are welcome, and which will be followed by light refreshments in Holy Trinity Parish Hall. **Extraordinary Ministers of Holy Communion** will renew their commitment during our three celebrations of Mass that day, and should let me know if, for some reason, they will not be present at Mass that weekend. All EMHCs should attend one of the annual days of renewal in our Diocese, and there will be a renewal day in our parish on Saturday 6th July – more information about that will be distributed by the Extraordinary Ministers of Holy Communion Commission in due course.

Nottingham Diocesan Pilgrimage to Lourdes: Bishop Patrick will lead this year's pilgrimage between Monday 15th and Friday 19th July. Flying from East Midlands Airport to Lourdes, prices for the full-board pilgrimage start at £819, including a full liturgical programme, and medical care and assistance for those who need it. It would be lovely for a group to go from our parish – if you like to join this year's pilgrimage, Fr Andrew has some application forms, please speak to him if you would like one, or go to **dioceseofnottingham.uk/events/Lourdes** for more information.

Play Your Cards Right – 1st June 2024: Join the Grimsby Catenians for a social evening of classic British entertainment in Holy Trinity Parish Hall on Saturday 1st June at 7.00 pm. Hosted by Mark 'Good Game, Good Game' Kingston, please bring your own food and drink. All money raised on the night will be given to Harbour Place. Please give a donation when you arrive as an entrance fee, and a raffle will be held during the evening. All are welcome!

Safeguarding: Everyone in our parish has a responsibility to safeguard and promote the wellbeing of all who worship in our churches or join us for any activity facilitated in our parish. So that we can do this more effectively, CCTV has been installed in the porch and priest's sacristy in our three parish churches and in Holy Trinity Parish Hall – within the sacristy, images will be recorded, but sound will not be recorded. Please speak to Fr Andrew or our safeguarding representatives if you have any questions or concerns about this or any other aspect

Warmer Welcome Workshop – 20th May 2024: Caritas invites anyone involved in a parish hospitality or outreach project to their next online 'Warmer Welcome' workshop – a friendly opportunity to get support and advice from fellow organisers around the diocese and diocesan staff, this Monday, 20th May, at 7.00 pm. Go to **bit.ly/WarmerWelcome** to book your place.

The Worshipful the Mayor of the Borough of North East Lincolnshire, Cllr Stephen Beasant, has appointed me as Mayor's Chaplain for the Municipal Year 2024-2025, his predecessor, Cllr Ian Lindley, having done the same for the Municipal Year 2023-2024; it is a great honour for me to have been asked to serve the first citizen of this borough, our common home, in this way, and we will be hosting a number of civic events during this municipal year. Fr Andrew

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ENTRANCE ANTIDHON

The Spirit of the Lord has filled the whole world

and that which contains all things understands what is said, alleluia.

GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT

O God, who by the mystery of today's great feast sanctify your whole Church in every people and nation,

pour out, we pray, the gifts of the Holy Spirit across the face of the earth and, with the divine grace that was at work when the Gospel was first proclaimed, fill now once more the hearts of believers. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever. Amen.

FIRST READING

A reading from the Acts of the Apostles.

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire: these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes alike - Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

The word of the Lord. Thanks be to God.

PSALM

Response:

Send forth your Spirit, O Lord, and renew the face of the earth.

or Alleluia!

- Bless the Lord, my soul! Lord God, how great you are, How many are your works, O Lord! The earth is full of your riches. (R.)
- You take back your spirit, they die, returning to the dust from which they came. You send forth your spirit, they are created; and you renew the face of the earth. (R.)

May the glory of the Lord last for ever! May the Lord rejoice in his works! May my thoughts be pleasing to him. I find my joy in the Lord. (R.)

SECOND READING 1 Corinthians 12:3-7 12-13

A reading from the letter of St Paul to the Corinthians

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit.

There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose.

Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink

The word of the Lord. Thanks be to God.

SEQUENCE

Holy Spirit, Lord of light, From the clear celestial height Thy pure beaming radiance give.

Come, thou Father of the poor, Come with treasures which endure; Come, thou light of all that live!

Thou, of all consolers best, Thou, the soul's delightful guest, Dost refreshing peace bestow.

Thou in toil art comfort sweet; Pleasant coolness in the heat; Solace in the midst of woe.

Light immortal, light divine, Visit thou these hearts of thine, And our inmost being fill:

If thou take thy grace away, Nothing pure in man will stay; All his good is turned to ill.

Heal our wounds, our strength renew; On our dryness pour thy dew; Wash the stains of guilt away:

Bend the stubborn heart and will; Melt the frozen, warm the chill;

Guide the steps that go astray. Thou, on us who evermore Thee confess and thee adore,

With thy sevenfold gifts descend: Give us comfort when we die;

Give us life with thee on high; Give us joys that never end.

GOSPEL ACCLAMATION

Alleluia, alleluia! Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

Alleluia.

GOSPEL

A reading from the holy Gospel according to John.

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you. 'As the Father sent me, so am I sending you.' After saying this he breathed on them and said: 'Receive the Holy Spirit. For those whose sins you forgive, they are forgiven; for those whose sins you retain, they are retained.' The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,

(all bow during the next two lines)

- who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church. the communion of saints. the forgiveness of sins, the resurrection of the body, and life everlasting.
- Amen.

PRAYER OVER THE OFFERINGS

- Grant, we pray, O Lord,
- that, as promised by your Son,
- the Holy Spirit may reveal to us more abundantly
- the hidden mystery of this sacrifice
- and graciously lead us into all truth.
- Through Christ our Lord. Amen.

COMMUNION ANTIPHON

They were all filled with the Holy Spirit and spoke of the marvels of God, alleluia.

PRAYER AFTER COMMUNION

- O God, who bestow heavenly gifts upon your Church,
- safeguard, we pray, the grace you have given, that the gift of the Holy Spirit poured out upon her
- may retain all its force
- and that this spiritual food
- may gain her abundance of eternal redemption.
- Through Christ our Lord.

Amen.

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Concordat cum original: + Eamon Martin Archbishop of Armagh. Commentary by Fr. Derek Ryan CSsR. The English translation of the entrance and communion antiphons the opening prayers, prayers over the gifts, gloria, creed, and prayers after communion from The Roman Missal, @ 2010 International Commission of English in the Liturgy Corporation. Jerusalem Bible version of the scriptures copyright Darton, Longman & Todd Ltd., and Doubleday & Co. Inc. Responsorial psalms are copyright The Grail and/o Geoffrey Chapman Ltd. Published in Ireland by Redemptorist Communications (www.redcoms.org); Published in the UK by Redemptorist Publications (www.rpbooks.co.uk)

