

Sunday Message

THE MOST HOLY TRINITY

THE WORD

Year B • 26 May 2024 • Psalter Week 4

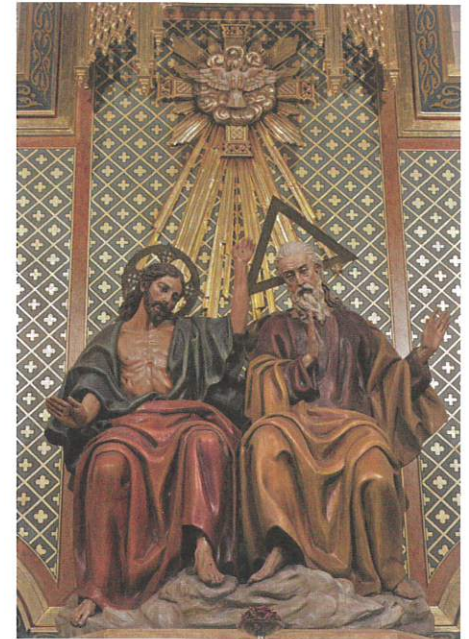
THE GREAT COMMISSION

MATTHEW 28: 16-20



The early part of John's Gospel, chapter 16, can be read in conjunction with today's Gospel reading. The commissioning of the disciples takes place today, where they are strengthened by the presence of the Holy Spirit and they are to go out into the world and baptise people in the name of the Father, Son and the Holy Spirit.

In John's Gospel, we hear Jesus speaking with his disciples for the final time. There was fear or even sadness perhaps, given the great ministerial journey that had taken place with Jesus was now coming to an end. The disciples are now venturing out on their own. Although, they will never be on their own. The promise of Jesus is to send the Spirit of truth who will offer wisdom and guidance during the difficult times to come. The sending of the Spirit into the lives of the disciples and into our own lives is God's grace alive and active. ■



LEARN

'The Trinity is a mystery of faith in the strict sense, one of the mysteries that are hidden in God, which can never be known unless they are revealed by God.'
(Catechism of the Catholic Church, 237)

DO

Think of concrete ways you can go out to your community and bring the love and tenderness of the Trinity to the lives of others. No action is too small.



REFLECT

The life of the Trinity permeates everything we do as Church whether it's a prayer group gathering on a Monday night, a St. Vincent De Paul meeting on a Friday morning or a baptismal celebration after Mass on a Sunday. The Trinity becomes reflected in the missionary activity of our parish communities from morning to night.

Bishop Robert Barron states that as a lecturer in University, he is only too aware of the 'highly developed technical language' surrounding the Trinity. All the great theologians over the centuries have wrestled with its meaning and often in trying to communicate that meaning, they leave the student or the listener even more confused than before.

The danger however is that we simplify the doctrine of the Trinity too much in our preaching and teaching. Suffice to remember that every time we bless ourselves, we are invoking the name of the Trinity. When we participate in a sacrament for example, the first step is to put ourselves into the mystery of the Trinity. We place ourselves into the love that connects the Father and the Son.

We can probably get the sense through our work for the Church and our participation in the Sacraments that the Trinity is not something that is static. Today's Gospel portrays a Spirit as a guide and the bearer of wisdom and knowledge. Trinity Sunday therefore is less about trying to understand the complicated theological theories that surround a doctrine and more to do with every member of the Church being summoned to mission and action. Today could be the perfect opportunity for a parish to re-evaluate its missionary activity and work. It could also be a time where we take a personal look at our own faith lives. Do I see myself being part of the dynamic life of the Trinity or have I become static? ■

SAY

"It is not easy to find a name that will suitably express so great an excellence, unless it is better to speak in this way: the Trinity, one God, of whom are all things, through whom are all things, in whom are all things."
(St. Augustine)

WELCOME TO THE PARISH OF THE MOST HOLY AND UNDIVIDED TRINITY THE CATHOLIC CHURCH IN GRIMSBY, CLEETHORPES AND IMMINGHAM

St Mary on the Sea Church
Heneage Road, Grimsby
DN32 9DZ

Corpus Christi Church
Grimsby Road, Cleethorpes
DN35 7LH

Our Lady Star of the Sea Church
Allerton Drive, Immingham
DN40 2HP

Parish Priest Very Rev Canon Andrew Cole
St Mary's Presbytery
Heneage Road
GRIMSBY DN32 9DZ
01472 342301 / 07943 059747
parishpriest@holyltrinitygci.uk

Rev Stephen Durkin 07505 559360
deacon@holyltrinitygci.uk
Sr Ann Helen Byrne CSJP 01472 692370
Sr Bridgetta Rooney CSJP csjp@holyltrinitygci.uk
Parish Office 01472 342301
Parish Administrator
Duncan Weston office@holyltrinitygci.uk
Parish Communications
Emily McCullagh comms@holyltrinitygci.uk

Website holyltrinitygci.uk
Facebook facebook.com/holyltrinitygci
Instagram/Twitter @holyltrinitygci_

SUNDAY 26TH MAY 2024 – SOLEMNITY OF THE MOST HOLY TRINITY

Saturday 25th May	5.00 pm	Mass in Immingham (<i>Missa pro populo</i>)
	6.00 pm	Mass in Grimsby (Polish)
Sunday 26th May	9.00 am	Mass in Cleethorpes (Haithwaite & Walker Families – Maureen Walker)
	11.00 am	Mass in Grimsby (Robert Dermot Abba RIP – Mary & Bob Abba)
Tuesday 28 th May	10.00 am	Celebration of Word and Holy Communion in Cleethorpes
Wednesday 29 th May	10.30 am	Funeral Mass for Bridget Theresa Dales RIP in Cleethorpes
Thursday 30 th May	10.00 am	Celebration of Word and Holy Communion in Grimsby
Friday 31 st May	6.30 pm	Celebration of Word and Holy Communion in Cleethorpes
Saturday 1st June	10.00 am	Holy Hour in Grimsby
	5.00 pm	Mass in Immingham (Kieran McCarney RIP – David & Pauline McCarney)
	6.00 pm	Mass in Grimsby (Polish)
Sunday 2nd June	9.00 am	Mass in Cleethorpes (<i>Missa pro populo</i>)
Corpus Christi	11.00 am	Mass in Grimsby (Margaret & Leo Solomon RIP – Ruth & Family)
	3.00 pm	Holy Hour in Cleethorpes

Eucharistic Adoration		
Friday	5.45-6.25 pm	Cleethorpes
Saturday	10.00-11.00 am	Grimsby
Sunday	3.00-4.00 pm	Cleethorpes

Sacraments of Anointing of the Sick and Reconciliation
Before and after Mass, by appointment, and at call

Our Parish Safeguarding Representatives

Richard Mellows, Sarah Pollard and Shelagh Winter: if you have any safeguarding concerns or DBS enquiries, please email richard.mellowspsr@dioceseofnottingham.uk or call or send a text to 07513 725509.

Diocesan Schools in Our Parish

St Joseph's Catholic Primary Academy
Philip Avenue, Cleethorpes (01472 690672)
St Mary's Catholic Primary Academy
Wellington Street, Grimsby (01472 357982)

To celebrate the sacred liturgy online – youtube.com/c/HolyTrinityGCI

***Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now and ever shall be, world without end. Amen.***

**We value all in the name of Jesus the Christ
by exercising our baptismal mission as Prophet, Priest and King
so that all may flourish**

Today is the Solemnity of the Most Holy Trinity, Trinity Sunday, the patronal feast of our parish, and we rejoice today and every day in our dedication to the Most Holy and Undivided Trinity, Almighty God in Godself, 'one God, one Lord: not in the unity of a single person, but in a Trinity of one substance,' the divine mystery who lives at the very heart of our faith. In the imperfection and inadequacies of human language and imagery, we express our understanding and experience of God who is Father, Son and Holy Spirit.

We have been called to be the People of God, and in Baptism are graced to be who we truly are, and sent out to value all in the name of Jesus the Christ by exercising our baptismal mission as Prophet, Priest and King so that all may flourish. This is symbolised in our parish's logo, the shape of which represents the Persons of God, Father, Son and Holy Spirit, in their unity, equality and diversity, their goodness, truth and beauty, and the colours represent the People of God, us, in our unity, equality and diversity, our goodness, truth and beauty.

I have said on many occasions that it has been the greatest privilege of my life to be your parish priest, and I take pride in the rich diversity of our wonderful parish. The opposite of unity is disunity, not diversity. We are a family, and as with our other families we experience the joys and hopes, the griefs and sorrows of journeying together in the light of Christ; I am sorry for my own mistakes and weaknesses, and I would like to thank everyone who ministers alongside me and those who support me behind the scenes.

Just as the Three Persons of the Most Holy Trinity live in a holy communion of personal, communal, relational and equal love, we are called to live in a holy communion of personal, communal, relational and equal love, loving generously and outrageously, radically and extravagantly, with that same all-embracing and all-inclusive love which is God in Godself. May we always love one another with the same love with which God always and can only ever love us. Fr Andrew

Pope Francis' Prayer Intention for May, the Month of Our Lady – the formation of religious and seminarians: May religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

Cycle of Prayer: During the summer of Ordinary Time, we pray for: a deeper understanding between Christians and Jews; those who suffer persecution, oppression & the denial of human rights; Europe; human life; and seafarers. We also pray for our young parishioners and those who mentor them, the sick and housebound, the recently deceased, and those whose anniversaries occur at this time.

Welcoming Spaces: Holy Trinity Parish Hall is open to anyone who would like some welcoming company this week:

Weds 12:30 pm – 4:30 pm

Everyone is welcome to come in for free, with tea, coffee and biscuits available for all who would like them!

CAFOD Sudan Appeal – 26th May 2024: The war in Sudan has forced millions of people to flee their homes, creating one of the world's largest humanitarian crises. The situation is quickly getting worse, and people caught up in the middle of the conflict are now facing yet another crisis – hunger. People are

running out of food, water and medicine and many families continue to risk their lives fleeing their homes to escape the fighting. Bishop Patrick has asked each parish to have a retiring collection to support CAFOD's Sudan appeal, and we will take up this collection in our parish this weekend.

Solemnity of the Most Holy Body and Blood of Christ – 2nd June 2024: To celebrate and give thanks for the institution of the Most Holy Eucharist, there will be **Holy Hour** in Corpus Christi Church on Sunday 2nd June, at 3.00 pm, to which all are welcome, and which will be followed by light refreshments in Holy Trinity Parish Hall. **Extraordinary Ministers of Holy Communion** will renew their commitment during our three celebrations of Mass that day, and should let me know if, for some reason, they will not be present at Mass that weekend. All EMHCs should attend one of the annual days of renewal in our Diocese, and there will be a renewal day in our parish on Saturday 6th July – more information about that will be distributed in due course.

Meeting for Ministers – 10th July 2024: All who volunteer in our parish in any way whatsoever, e.g., ministers of Holy Communion and tea & coffee makers, are invited to a meeting with me in Corpus Christi Church, which will begin with the celebration of Mass at 6.00 pm; at this meeting, safeguarding training will be provided, revised guidance for various ministries will be issued, and I will have the opportunity to thank you for your service in our parish. Fr Andrew

Nottingham Diocesan Pilgrimage to Lourdes: Bishop Patrick will lead this year's pilgrimage between Monday 15th and Friday 19th July. Flying from East Midlands Airport to Lourdes, prices for the full-board pilgrimage start at £819, including a full liturgical programme, and medical care and assistance for those who need it. It would be lovely for a group to go from our parish – if you like to join this year's pilgrimage, Fr Andrew has some application forms, please speak to him if you would like one, or go to dioceseofnottingham.uk/events/Lourdes for more information.

Parish Pilgrimage to Walsingham – 22nd August 2024: I will lead a parish pilgrimage to the National Shrine of the Blessed Virgin Mary in Walsingham on Thursday 22nd August. Places on the bus, which will leave Holy Trinity Parish Hall at 7.30 am, cost £20 for adults and £10 for children. We will arrive in Walsingham in time to celebrate Mass at noon in the Basilica, attend afternoon devotions and Benediction of the Blessed Sacrament, and renew the consecration of our parish to Our Lady of Walsingham in the Slipper Chapel; please contact Moira Waters (01472 475026). Fr Andrew

Play Your Cards Right – 1st June 2024: Join the Grimsby Catenians for a social evening of classic British entertainment in Holy Trinity Parish Hall this Saturday, 1st June, at 7.00 pm. Hosted by Mark 'Good Game, Good Game' Kingston, please bring your own food and drink. All money raised on the night will be given to Harbour Place. Please give a donation when you arrive as an entrance fee, and a raffle will be held during the evening. All are welcome!

SVP: There will be a retiring collection to support our parish SVP conference next weekend. Please help them to support some of the most vulnerable members of the local community which it is our privilege to serve.

ENTRANCE ANTIPHON

Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

COLLECT

God our Father, who by sending into the world
the Word of truth and the Spirit of sanctification
made known to the human race your wondrous
mystery,
grant us, we pray, that in professing the true
faith,
we may acknowledge the Trinity of eternal glory
and adore your Unity, powerful in majesty.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
one God, for ever and ever.
Amen.

FIRST READING Deuteronomy 4:32-34, 39-40

A reading from the book of Deuteronomy.

Moses said to the people: "Put this question to
the ages that are past, that went before you,
from the time God created man on earth: Was
there ever a word so majestic, from one end
of heaven to the other? Was anything ever
heard? Did ever a people hear the voice of the
living God speaking from the heart of the fire,
as you heard it, and remain alive? Has any god
ventured to take to himself one nation from the
midst of another by ordeals, signs, wonders,
war with mighty hand and outstretched arm,
by fearsome terrors - all this that the Lord your
God did for you before your eyes in Egypt?
"Understand this today, therefore, and take it to
heart: The Lord is God indeed, in heaven above
as on earth beneath, he and no other. Keep
his laws and commandments as I give them to
you today so that you and your children may
prosper and live long in the land that the Lord
your God gives you for ever."

The word of the Lord.

Thanks be to God.

PSALM

Psalms 32 (33):4-6, 9, 18-20, 22

Response:

Happy the people the Lord has chosen as his
own.

1. The word of the Lord is faithful
and all his works to be trusted.
The Lord loves justice and right
and fills the earth with his love. (R.)
2. By his word the heavens were made,
by the breath of his mouth all the stars.
He spoke; and they came to be.
He commanded; they sprang into being. (R.)
3. The Lord looks on those who revere him,
on those who hope in his love,
to rescue their souls from death,
to keep them alive in famine. (R.)
4. Our soul is waiting for the Lord.
The Lord is our help and our shield.
May your love be upon us, O Lord,
as we place all our hope in you. (R.)

SECOND READING

Romans 8:14-17

A reading from the letter of St Paul to the
Romans.

Everyone moved by the Spirit is a son of God.
The spirit you received is not the spirit of slaves
bringing fear into your lives again; it is the spirit
of sons, and it makes us cry out, 'Abba, Father!'
The Spirit himself and our spirit bear united
witness that we are children of God. And if we
are children we are heirs as well: heirs of God
and coheirs with Christ, sharing his sufferings
so as to share his glory.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! Glory be to the Father, and to
the Son, and to the Holy Spirit,
the God who is, who was, and who is to come.
Alleluia.

GOSPEL

Matthew 28:16-20

A reading from the holy Gospel according to
Matthew.

The eleven disciples set out for Galilee, to the
mountain where Jesus had arranged to meet
them. When they saw him they fell down before
him, though some hesitated. Jesus came up
and spoke to them. He said, "All authority in
heaven and on earth has been given to me.
Go, therefore, make disciples of all the nations;
baptise them in the name of the Father and of
the Son and of the Holy Spirit, and teach them
to observe all the commands I gave you. And
know that I am with you always; yes, to the end
of time."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

(all bow during the next three lines)

and by the Holy Spirit was incarnate of the
Virgin Mary,
and became man.

For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of the
dead
and the life of the world to come. Amen.

PRAYER OVER THE OFFERINGS

Sanctify by the invocation of your name,
we pray, O Lord our God,
this oblation of our service,
and by it make of us an eternal offering to you.
Through Christ our Lord.
Amen.

COMMUNION ANTIPHON

Since you are children of God,
God has sent into your hearts the Spirit of his
Son,
the Spirit who cries out: Abba, Father.

PRAYER AFTER COMMUNION

May receiving this Sacrament, O Lord our God,
bring us health of body and soul,
as we confess your eternal holy Trinity and
undivided Unity.
Through Christ our Lord.
Amen.