

# Sunday Message

TWELFTH SUNDAY IN ORDINARY TIME

THE WORD

Year B • 23 June 2024 • Psalter Week 4



**DON'T  
PANIC!  
DON'T  
PANIC**

MARK 4:35-41

**Jesus has been teaching the crowds from a boat on the Sea of Galilee. Afterwards, he decides to set out in the boat to the other side of the lake. But people get into other boats and follow him - an indicator that the number of Jesus' followers is on the increase.**

Suddenly, a violent storm erupts. These are common on the Sea of Galilee, which is about 200 metres below sea level. The hills around it reach to a height of about 600 metres where the air is cool and dry. However, at the level of the lake, the climate is semi-tropical and the air is warm and moist. The difference in height between the surrounding hills and the lake causes large temperature and pressure changes. These generate strong winds which funnel through the hills and drop down onto the lake, with violent results. As the lake is quite shallow (60 metres at most), the winds can whip up waves of two metres or more. This is the kind of storm that hits the boats. The waves are smashing against Jesus' boat and the vessel is gradually filling.

But Jesus is sound asleep in the stern on a cushion. This would seem impossible but Mark has added this detail for a purpose. Jesus has authority over all chaos, including the situation in which the disciples now find themselves. While they are his disciples and call him "teacher," they still have much to learn about him. In fact, their fear is so great that they doubt his willingness to save them. These disciples have seen all his miracles and have heard his teaching, yet they still do not recognise the presence of God's power in him.

When Jesus awakes, he rebukes the winds and the sea, and restores calm. His response to their lack of faith is harsh. There was no reason for the disciples to be afraid. "How is it that you have no faith?" he asks them. It's obvious they are still a long way off from the fullness of faith which he desires for them.

Jesus' words fill the disciples with awe. They wonder who he is, but the answer to their question is going to involve a long journey - one that will be filled with misunderstanding, fear and failure - before they finally come to true faith in him. ■

## LEARN

God is with us always, in good times and bad.

It is okay to experience doubts and difficulties so long as we continue to trust in God.

## PRAY

Pray for those who feel as if they are caught in a storm - the ill, depressed, suicidal, bullied, those who suffer discrimination or intimidation - that they may experience Jesus's soothing, calming, saving presence with them.

## REFLECT

One of the most beloved characters in the classic BBC comedy series *Dad's Army* is the butcher Lance Corporal Jones. Jones is brave and full of enthusiasm for the fight against Hitler, but whenever action or danger is imminent he becomes near-hysterical and runs around frantically shouting, "Don't panic! Don't panic!" at the top of his voice, which, of course, only adds to the panic and confusion.

At the very moment when he needs to be calm and have his wits about him, Jones is the very opposite. He becomes a hindrance rather than a help.

While Jones is a fictional character, he is also relatable. We may know people somewhat like him; we may even fall into the same category ourselves. The one who can keep a calm head in times of crisis is someone we admire, someone we trust, someone who can be given a position of leadership or responsibility.

The disciples in today's Gospel panic when the storm brews. They are scared for their lives. No doubt they are aware of tragedies that have occurred on that very lake, of boats that went down during storms, of lives lost. They fear it will happen to them. They are incredulous that their master and teacher is able to sleep right through it. Doesn't he realise the danger they are in? When Jesus calms the storm, they are awestruck. Even after all this time, they still do not appreciate who Jesus really is. Their faith is still lacking.

All of us, at one time or another, in one way or another, will encounter storms along the journey of life. They are part of the human condition. Like Corporal Jones, we can feel overwhelmed, panicked, afraid. This is where our faith comes in. We are asked to trust in God's loving presence at all times, to trust that even in the most difficult situations God is with us, that God will never abandon us. Even when God appears to be sleeping, we know we need not be afraid. ■

## DO

As Christians, we know that Jesus is with us in the midst of any storm in which we find ourselves. But he is more than with us; he calls on us to face that storm. To have courage. To trust. To be not afraid. Think of the challenges and difficulties you and your loved ones are facing at this time. Ask the Lord's help in facing them.

## SAY

"Lord, help me to trust in you at all times."

# ALL ARE WELCOME IN THE PARISH OF THE MOST HOLY AND UNDIVIDED TRINITY THE CATHOLIC CHURCH IN GRIMSBY, CLEETHORPES AND IMMINGHAM

St Mary on the Sea Church  
Heneage Road, Grimsby  
DN32 9DZ

Corpus Christi Church  
Grimsby Road, Cleethorpes  
DN35 7LH

Our Lady Star of the Sea Church  
Allerton Drive, Immingham  
DN40 2HP

Parish Office      St Mary's Presbytery  
Heneage Road  
GRIMSBY DN32 9DZ  
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Parish Deacon  
Rev Stephen Durkin      [deacon@holytrinitygci.uk](mailto:deacon@holytrinitygci.uk)  
Parish Administrator  
Duncan Weston      [office@holytrinitygci.uk](mailto:office@holytrinitygci.uk)

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## SUNDAY 23<sup>RD</sup> JUNE 2024 – TWELFTH SUNDAY IN ORDINARY TIME

**Saturday 22<sup>nd</sup> June**      **5.00 pm**      **Mass in Immingham** (Hymns: 963, 605, 356) (Stuart Anderson RIP – Michael & Ann Harrowing)  
**6.00 pm**      **Mass in Grimsby (Polish)**

**Sunday 23<sup>rd</sup> June**      **9.00 am**      **Mass in Cleethorpes** (Hymns: 963, 605, 663, 356) (*Missa pro populo*)  
**11.00 am**      **Mass in Grimsby** (Hymns: 469, 601, 662, 745, 966) (Eileen Wright RIP – Pat & Graham)

**Monday 24<sup>th</sup> June**      **1.30 pm**      **Funeral Service for Donald Ellerby RIP in Louth Cemetery**  
**Nativity of St John the Baptist**      **2.00 pm**      **Open Prayer Hour in Cleethorpes**

Tuesday 25<sup>th</sup> June      10.00 am      Mass in Grimsby (Gerald Burley RIP – Margaret Leeming)

Wednesday 26<sup>th</sup> June      10.00 am      Mass in Grimsby (Sally Buxton RIP – Clare & Family)

Thursday 27<sup>th</sup> June      10.00 am      Mass in Grimsby (Health and Wellbeing of Roy & Pat Husted – Rob & Lynn Foster)

Friday 28<sup>th</sup> June      11.00 am      Funeral Mass for Dominic Zbigniew Nowak RIP in Grimsby (Polish)  
6.30 pm      Mass in Grimsby (Maureen Tuckey RIP – Pat & Graham)

**Saturday 29<sup>th</sup> June**      10.00 am      Holy Hour in Grimsby  
**5.00 pm**      **Mass in Immingham** (Bruno Bosco RIP)  
**6.00 pm**      **Mass in Grimsby (Polish)**

**Sunday 30<sup>th</sup> June**      **9.00 am**      **Mass in Cleethorpes** (Rosemary Riley RIP – Pat & Bill Riley)  
**Ss Peter and Paul**      **11.00 am**      **Mass in Grimsby** (*Missa pro populo*)

### Eucharistic Adoration

Friday      5.45-6.25 pm      Grimsby  
Saturday      10.00-11.00 am      Grimsby

### Sacraments of Anointing of the Sick and Reconciliation

Friday      5.45-6.15 pm      Grimsby  
Saturday      10.15-10.45 am      Grimsby

And also before and after Mass, by appointment, and at call

### Our Parish Safeguarding Representatives

If you have safeguarding concerns or DBS enquiries, please speak to Richard Mellows (lead) or Sarah Pollard (deputy lead), email [richard.mellowspsr@dioceseofnottingham.uk](mailto:richard.mellowspsr@dioceseofnottingham.uk), or call or send a text to 07513 725509.

### Diocesan Schools in Our Parish

St Joseph's Catholic Primary Academy  
Philip Avenue, Cleethorpes (01472 690672)  
St Mary's Catholic Primary Academy  
Wellington Street, Grimsby (01472 357982)

To celebrate the sacred liturgy online – [youtube.com/c/HolyTrinityGCI](https://youtube.com/c/HolyTrinityGCI)

**We value all in the name of Jesus the Christ  
by exercising our baptismal mission as Prophet, Priest and King  
so that all may flourish**

**Prayer to the Most Sacred Heart of Jesus:** 'O Jesus, open wide thy heart! O Jesus, open wide my heart, to love as you love; my eyes, to see as you see; my ears, to hear as you hear; my mind, to think as you think; my mouth, to speak as you speak; my body, to live as you live; my soul, to be as you are. O Jesus, meek and humble of heart, make my heart like unto thine! Most Sacred Heart of Jesus, have mercy on us, who live and reign for ever and ever. Amen.'

**To telephone Fr Andrew, Deacon Stephen and the Parish Office, please call 01472 342301 and follow the instructions**



**Pope Francis' Prayer Intention for June, the Month of the Sacred Heart – for migrants fleeing their homes:** May migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome and new opportunities in the countries that receive them.

**Cycle of Prayer:** During the summer of Ordinary Time, we pray for: a deeper understanding between Christians and Jews; those who suffer persecution, oppression & the denial of human rights; Europe; human life; and seafarers. We also pray for our young parishioners and those who mentor them, the sick and housebound, the recently deceased, and those whose anniversaries occur at this time.

**Welcoming Spaces:** Holy Trinity Parish Hall is open to anyone who would like some welcoming company this week:

Weds 12:30 pm – 4:30 pm with board games and natter  
Everyone is welcome to come in for free, with tea, coffee and biscuits available for all who would like them!

**Extraordinary Ministers of Holy Communion Renewal Day – 6<sup>th</sup> July 2024:** All EMHCs should attend one of the renewal days held across the Diocese each year. We will be hosting one in our parish on Saturday 6<sup>th</sup> July, beginning with the celebration of Mass in Corpus Christi Church at 10.00 am and concluding with Eucharistic Adoration and Benediction of the Blessed Sacrament at 2.00 pm.

**The Faithful Departed:** Please pray for: Donald Ellerby, whose Funeral Service will be in Louth Cemetery on Monday 24<sup>th</sup> June at 1.30 pm; Dominic Zbigniew Nowak, whose Funeral Mass will be celebrated in St Mary on the Sea Church on Friday 28<sup>th</sup> June at 11.00 am, prior to Committal in Grimsby Crematorium; Mary Elizabeth Keena, whose Funeral Service will be in Grimsby Crematorium on Tuesday 2<sup>nd</sup> July at 1.00 pm; and those who mourn.

**General Election Hustings – 26<sup>th</sup> June 2024:** Gospel values inform how we look at the world as Christians. These values can also offer a different way of looking at politics, a way that puts the common good before self-interest.

Throughout the election campaign, we should be looking for answers from party leaders and local candidates which will help the poor, the marginalised and the vulnerable. We seek a society in which all families can flourish and where we care for our common home, where we offer a welcoming hand to strangers in need, where we look out for those struggling to get on. Families are the heart of our communities, and we should see the other as someone to be loved not ignored.

This Wednesday, 26<sup>th</sup> June, those candidates who are standing in the Great Grimsby and Cleethorpes constituency in this year's General Election and who are available will be in Corpus Christi Church at 7.00 pm to answer questions from the public about their parties' manifestos, in hustings which are being organised for Churches Together in North East Lincolnshire.

The General Election is not just about leaders, but it is about *us*. We are not merely the passive recipients of politics but active citizens. An election is the best time for us as Christians to speak out, to get involved, and to lead. The Bishops' Conference has produced various resources to help in this endeavour at [cbcew.org.uk/election24/](http://cbcew.org.uk/election24/)

**Mass Intentions:** The Church teaches that every celebration of Mass is offered for the wellbeing of all God's children: 'In the

celebration of the Eucharistic Sacrifice, the Church prays that God, the Father of mercies, will grant his children the fullness of the Holy Spirit so that they may become one body and one spirit in Christ. In raising this prayer to the Father of lights, from whom comes every good endowment and every perfect gift, the Church believes that she will be heard, for she prays in union with Christ her Head and Spouse, who takes up this plea of his Bride and joins it to his own redemptive sacrifice' (*Ecclesia de Eucharistia*, 43).

The Eucharistic Celebration is highest and greatest way of giving thanks and praise to God. Having Mass said for someone is an opportunity to give thanks for a joy received or to entrust to the Lord both the living and the dead, and also supports the parish financially. Please ask Fr Andrew to say Mass for someone by completing one of the white envelopes in each church porch, place your offering in the envelope, and place it in the offertory collection boxes.

Fr Andrew 'is bound on each Sunday and holyday of obligation in his diocese to apply the Mass for the people entrusted to' his pastoral care (canon 534, §1); this is listed on the bulletin as *Missa pro populo* and must be offered by every parish priest for all who live in their parishes. Please give at least six months' notice if you would like Mass to be offered for a specific intention on a specific day in a specific church; if it is not possible to offer the intention on the requested date, e.g., if there is no Mass that day or if there is already an intention, it will be offered on another day. Intentions are published in the *Sunday Message* and announced during the prayer of the faithful. Thank you for your support of the Church's mission.

**New Lectionaries:** On the First Sunday of Advent, a new translation of the Lectionary will be introduced in England and Wales. It will use the English Standard Version of the Bible and the Abbey Psalter. The changes are intended to make the translations which we use more faithful to the original languages, biblical scholarship, and to provide a text for use in liturgical settings that is suitable for proclamation.

This will necessitate lectionaries for each of our churches, and the Book of Gospels for processional use, at a cost of approximately £3,500. These books will belong to the whole parish rather than to individual churches. As we did when we introduced *Laudate*, if you would like to help to sponsor these books, in memory of a loved one or for a specific intention is welcome to complete a form and return it, with an offering, by placing it in an envelope and putting it in the offertory collection boxes. Each book will then have a dedication plate placed in the inside front cover.

Sunday Missals will also be available in due course, and we will buy a stock for sale when they have been released by the Catholic Truth Society. See more: [www.newlectionary.org](http://www.newlectionary.org)

**Peter's Pence – 30<sup>th</sup> June 2024:** Next Sunday is the Solemnity of Sts Peter and Paul, and so we will have our annual second collection for Peter's Pence. This collection expresses our sense of belonging to the Church and love and trust for our Holy Father Pope Francis, the Successor of St Peter. It is a tangible sign of communion with him, while drawing our attention to the needs of the most disadvantaged, for whom the Pope always cares through the papal charities. Please be generous in supporting the Holy Father as Supreme Pastor of the Universal Church, which is entrusted to his pastoral care.

**ENTRANCE ANTIPHON**

The Lord is the strength of his people,  
a saving refuge for the one he has anointed.  
Save your people, Lord, and bless your  
heritage,  
and govern them for ever.

**GLORIA**

Glory to God in the highest,  
and on earth peace to people of good will.

We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

**COLLECT**

Grant, O Lord,  
that we may always revere and love your holy  
name,  
for you never deprive of your guidance  
those you set firm on the foundation of your love.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
one God, for ever and ever.  
Amen.

**FIRST READING**

Job 38:1, 8-11

A reading from the book of Job.

From the heart of the tempest the Lord gave  
Job his answer. He said:  
Who pent up the sea behind closed doors  
when it leapt tumultuous out of the womb,  
when I wrapped it in a robe of mist  
and made black clouds its swaddling bands;  
when I marked the bounds it was not to cross  
and made it fast with a bolted gate?  
Come thus far, I said, and no farther:  
here your proud waves shall break.

The word of the Lord.  
Thanks be to God.

**PSALM**

Psalm 106(107):23-26, 28-32

Response:

**O give thanks to the Lord, for his love endures  
for ever.**

1. Some sailed to the sea in ships  
to trade on the mighty waters.  
These men have seen the Lord's deeds,  
the wonders he does in the deep. (R.)
2. For he spoke; he summoned the gale,  
tossing the waves of the sea  
up to heaven and back into the deep;  
their soul melted away in their distress. (R.)

3. Then they cried to the Lord in their need  
and he rescued them from their distress.  
He stilled the storm to a whisper:  
all the waves of the sea were hushed. (R.)

4. They rejoiced because of the calm  
and he led them to the haven they desired.  
Let them thank the Lord for his love,  
for the wonders he does for men. (R.)

**SECOND READING** 2 Corinthians 5:14-17

A reading from the second letter of St Paul to  
the Corinthians.

The love of Christ overwhelms us when we  
reflect that if one man has died for all, then all  
men should be dead; and the reason he died for  
all was so that living men should live no longer  
for themselves, but for him who died and was  
raised to life for them.

From now onwards, therefore, we do not  
judge anyone by the standards of the flesh.  
Even if we did once know Christ in the flesh, that  
is not how we know him now. And for anyone  
who is in Christ, there is a new creation; the old  
creation has gone, and now the new one is here.

The word of the Lord.  
Thanks be to God.

**GOSPEL ACCLAMATION**

Alleluia, alleluia! May the Father of our Lord  
Jesus Christ enlighten the eyes of our mind,  
so that we can see what hope his call holds  
for us. Alleluia!

**GOSPEL**

Mark 4:35-41

A reading from the holy Gospel according to  
Mark.

With the coming of evening, Jesus said to his  
disciples, "Let us cross over to the other side."  
And leaving the crowd behind they took him,  
just as he was, in the boat; and there were other  
boats with him. Then it began to blow a gale  
and the waves were breaking into the boat so  
that it was almost swamped. But he was in the  
stern, his head on the cushion, asleep. They  
woke him and said to him, "Master, do you not  
care? We are going down!" And he woke up and  
rebuked the wind and said to the sea, "Quiet  
now! Be calm!" And the wind dropped, and all  
was calm again. Then he said to them, "Why are  
you so frightened? How is it that you have no  
faith?" They were filled with awe and said to one  
another, "Who can this be? Even the wind and  
the sea obey him."

The Gospel of the Lord.  
Praise to you, Lord Jesus Christ.

**PROFESSION OF FAITH**

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with  
the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

(all bow during the next three lines)

and by the Holy Spirit was incarnate of the  
Virgin Mary,  
and became man.

For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,  
the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and  
apostolic Church.

I confess one Baptism for the forgiveness  
of sins  
and I look forward to the resurrection of the  
dead  
and the life of the world to come. Amen.

**PRAYER OVER THE OFFERINGS**

Receive, O Lord, the sacrifice of conciliation and  
praise  
and grant that, cleansed by its action,  
we may make offering of a heart pleasing to you.  
Through Christ our Lord.  
Amen.

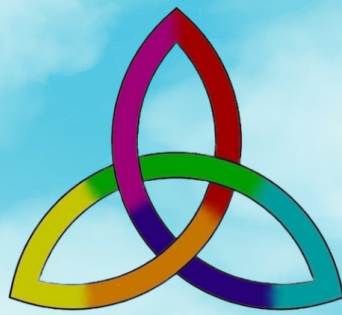
**COMMUNION ANTIPHON**

The eyes of all look to you, Lord,  
and you give them their food in due season.

**PRAYER AFTER COMMUNION**

Renewed and nourished  
by the Sacred Body and Precious Blood of your  
Son,  
we ask of your mercy, O Lord,  
that what we celebrate with constant devotion  
may be our sure pledge of redemption.  
Through Christ our Lord.  
Amen.





# PARISH PILGRIMAGE TO WALSINGHAM



**THURSDAY 22ND AUGUST 2024**

**COACH DEPARTURE  
FROM HOLY TRINITY PARISH HALL 7:30AM  
DEPARTING WALSINGHAM 4:00/4:30PM**

**£20 PER ADULT- £10 FOR CHILDREN  
(PRICES ARE SUBSIDISED BY THE PARISH)**

**IF YOU ARE A FAMILY PLEASE SPEAK TO FATHER ANDREW**