

# Sunday Message

FIFTEENTH SUNDAY IN ORDINARY TIME

## THE WORD

Year B • 14 July 2024 • Psalter Week 3

### "GO, MOVE, SHIFT"

MARK 6:7-13



Last Sunday we read about Jesus' unsuccessful visit to Nazareth. Now Jesus sets out on a teaching tour of other Galilean villages.

The implication is that these villages accept him in a way his own village did not. Jesus also begins to share his mission with the Twelve. Jesus has already chosen them as his closest confidants. Now he puts them to work, sending them out in pairs armed with his authority to confront the power of evil.

They are to travel light. This means no bread, because food will be provided by the hospitality of others. It means no (sleeping) bag, as lodging will be provided. It means no money, for they will be looked after. They may bring a staff, sandals and a single tunic since they will be continually journeying.

This text reminds us that the earliest Christian missionaries travelled light and set themselves apart from the wandering preachers of other religions, who brought lots of baggage with them.

Mark is saying something important as he records Jesus' instructions. Jesus is on an urgent missionary journey. The staff and the sandals are the symbols of that journey and so are appropriate for those who share in his mission. Any other baggage, especially any that might slow them up, is not permitted.

Jesus also instructs them about where to stay. If they encounter lack of hospitality they are to move on from that village. This is exactly what he has done in response to the hostility of Nazareth. Jesus even tells them to shake the dust of such places from their feet. Jews returning to the Holy Land would perform this ritual as they left pagan territory so as not to import "uncleanness" with them. It symbolised the godlessness of the pagan land and the holiness of Israel. The Twelve, in performing the same gesture, relegate to the godless world those inhospitable places that have rejected the Gospel. In this way, the Twelve proclaim the Gospel as Jesus does, with integrity of word and deed.

The Twelve set out and their mission is successful. Mark adds some important details. The preaching of the Twelve is so "all should repent," which is the key missionary goal of Jesus. They also heal the sick, something Jesus has also done many times. Mark adds that they anoint the sick with oil. This was a widespread practice in the Greek world by the time Mark's Gospel was written and now becomes part of the practice of the Christian church.

Ironically, the mission of the Twelve is more successful than Jesus' own mission in Nazareth. Yet they are missionary only to the extent that they are with Jesus, recognise that his authority has been given to them, and travel light. At all times they remain his followers. ■

#### PRAY

Thank God for missionaries, those who left home and travelled light, in order to preach the Good News. Pray for them.

#### DO

Think about your attitude to material things. How light do you travel?

#### LEARN

As followers of Jesus, we all have a mission to preach the Gospel.

We can preach the Gospel wherever we live and work.

Jesus asks that his disciples be detached from all things.

### REFLECT

My mother's four sisters were nuns. One, Aunt Peggy, spent all of her 96 years in Ireland as a nurse and carer. Two of my aunts spent most of their lives abroad. Aunt Celia worked as a teacher in the Philippines from the 1950s to the early 70s; then transferred to Kenya where she spent another two decades. Aunt Jo spent most of her life teaching in the United States, first in Salt Lake City, among the local Mormon population, and then in an African American neighbourhood in Los Angeles. Aunt Mary, after retiring as a teacher in Ireland, wanted to do more. So she went to Kenya where she spent several more years in the classroom.

My aunts were wonderful women, generous and zealous, but there was nothing unique about what they did. It's what countless Christian women and men have done down the centuries. They obeyed Jesus' command to go and preach the Gospel. Some, like my aunts, were 'professional' missionaries – but most were not. They preached the Gospel simply by the witness of their lives.

Pope Francis says that church people must be "shepherds living with the smell of the sheep." In other words, Christians must leave their comfort zones to make Christ present in all places and at all times. They mustn't confine themselves to the security of their churches, sacristies and homes but must go out into the streets and alleyways to proclaim the Good News. There is an urgency to our task as Christians because there is a whole world out there that is hurting, and that needs to hear the message of Jesus. Our great commission is to "go."

A popular ballad of some years ago is called "Go, Move, Shift." It describes the discrimination that members of the Travelling community so often experience. But it also describes the instruction of Jesus to the Twelve – and to all of us. We are to "go, move, shift." We must not hang around. There is a whole world out there waiting to hear the Good News. ■

#### SAY

"Lord, help me to always be an effective witness to you. Amen."

# ALL ARE WELCOME IN THE PARISH OF THE MOST HOLY AND UNDIVIDED TRINITY THE CATHOLIC CHURCH IN GRIMSBY, CLEETHORPES AND IMMINGHAM

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## St Mary on the Sea Church

Heneage Road, Grimsby DN32 9DZ

## Corpus Christi Church

Grimsby Road, Cleethorpes DN35 7LH

## Our Lady, Star of the Sea Church

Allerton Drive, Immingham DN40 2HP

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## SUNDAY 14<sup>TH</sup> JULY 2024 – FIFTEENTH SUNDAY IN ORDINARY TIME

Saturday 13 <sup>th</sup> July	5.00 pm	Mass in Immingham (Maureen Tuckey RIP – Lucy Mowforth & Family)
	6.00 pm	Mass in Grimsby (Polish)
Sunday 14 <sup>th</sup> July	9.00 am	Mass in Cleethorpes in Thanksgiving for the Fiftieth Anniversary of the Twinning of Cleethorpes and Königswinter
	11.00 am	Mass in Grimsby (Welfare of Francis Shennan – MT)
Monday 15 <sup>th</sup> July	2.00 pm	Open Prayer Hour in Cleethorpes
	5.00 pm	Pilgrimage Opening Mass in Chapelle Notre-Dame ( <i>Missa pro populo</i> )
	9.30 pm	Mass in the Grotto of Our Lady of Lourdes (French) (Special Intention)
Tuesday 16 <sup>th</sup> July	6.30 am	Pilgrimage Mass in the Grotto of Our Lady of Lourdes ( <i>Missa pro populo</i> )
	8.00 pm	Marian Torchlight Procession
	9.30 pm	Mass in the Grotto of Our Lady of Lourdes (French) (Frederick Brown RIP – Nanette Brown)
Wednesday 17 <sup>th</sup> July	8.30 am	International Mass in Basilique Saint-Pie X ( <i>Missa pro populo</i> )
	4.00 pm	Eucharistic Procession
	9.30 pm	Mass in the Grotto of Our Lady of Lourdes (Italian) (Intentions of the Cole Family)
Thursday 18 <sup>th</sup> July	8.00 am	Pilgrimage Mass in Chapelle Sainte Bernadette ( <i>Missa pro populo</i> )
	4.00 pm	Eucharistic Procession
	8.00 pm	Marian Torchlight Procession
	9.30 pm	Mass in the Grotto of Our Lady of Lourdes (French) (Edward McMahon RIP – Pauline McMahon)
Friday 19 <sup>th</sup> July	7.30 am	Pilgrimage Closing Mass in Chapelle Notre-Dame ( <i>Missa pro populo</i> )
Saturday 20 <sup>th</sup> July	10.00 am	Holy Hour in Cleethorpes
	5.00 pm	Mass in Immingham ( <i>Missa pro populo</i> )
	6.00 pm	Mass in Grimsby (Polish)
Sunday 21 <sup>st</sup> July	9.00 am	Mass in Cleethorpes (Myers & O'Sullivan Families – Ruth & Family)
Sixteenth Sunday in Ordinary Time	11.00 am	Mass in Grimsby (Alison Dugard RIP – Patrick Dugard)
	3.00 pm	Celebration of the Sacrament of the Anointing of the Sick in Cleethorpes

### Eucharistic Adoration

Saturday 10.00-11.00 am Cleethorpes

### Sacraments of Anointing of the Sick and Reconciliation

Before and after Mass, by appointment, and at call

### Our Parish Safeguarding Representatives

If you have safeguarding concerns or DBS enquiries, please speak to Richard Mellows (lead) or Sarah Pollard (deputy lead), email [richard.mellowspr@dioceseofnottingham.uk](mailto:richard.mellowspr@dioceseofnottingham.uk), or call or send a text to 07513 725509.

### Diocesan Schools in Our Parish

St Joseph's Catholic Primary Academy  
Philip Avenue, Cleethorpes (01472 690672)  
St Mary's Catholic Primary Academy  
Wellington Street, Grimsby (01472 357982)

To celebrate the sacred liturgy online – [youtube.com/c/HolyTrinityGCI](https://youtube.com/c/HolyTrinityGCI)

**We value all in the name of Jesus the Christ  
by exercising our baptismal mission as Prophet, Priest and King  
so that all may flourish**





**SEA**  
**SUNDAY**  
**2024**

# I was a stranger....

Seafarers can lead hard and dangerous lives. This Sea Sunday your gifts and prayers will welcome seafarers and fishers and help them to get the support they need.

**£20**

**£20** could help to send a chaplain to support a sick or injured seafarer in hospital. Please donate now at [Stellamaris.org.uk/SeaSunday](https://stellamaris.org.uk/SeaSunday)



Please donate online at [www.stellamaris.org.uk](https://www.stellamaris.org.uk) Or text **SEA** to **70460** to donate **£5**

Stella Maris, 39 Eccleston Square, London, SW1V 1BX Registered charity in England and Wales number 1069833.  
Registered charity in Scotland number SC043085. Registered company number 3320318



**Pope Francis' Prayer Intention for July, the Month of the Precious Blood – the pastoral care of the sick:** May the Sacrament of the Anointing of the Sick confer on those who receive it and their loved ones the power of the Lord and become an ever more visible sign of compassion and hope.

**Cycle of Prayer:** During the summer of Ordinary Time, we pray for: a deeper understanding between Christians and Jews; those who suffer persecution, oppression & the denial of human rights; Europe; human life; and seafarers. We also pray for our young parishioners and those who mentor them, the sick and housebound, the recently deceased, and those whose anniversaries occur at this time.

**Welcoming Spaces:** Holy Trinity Parish Hall is open to anyone who would like some welcoming company this week:

Weds 12:30 pm – 3.00 pm with board games and natter  
Everyone is welcome to come in for free, with tea, coffee and biscuits available for all who would like them!

**Diocesan Pilgrimage to Lourdes:** I will be taking part in this year's diocesan pilgrimage to Lourdes from tomorrow, Monday 15<sup>th</sup> July until Friday 19<sup>th</sup> July, along with Deacon Stephen and several parishioners. If anyone has any petitions or prayers which they would like me to take to Lourdes, please place them in the offertory collection boxes today. Everyone can join the pilgrimage at the times indicated (all times are listed in British Summer Time).

Mass in the Grotto of Our Lady of Lourdes, the International Mass and the processions are livestreamed on <https://www.lourdes-france.com/en/lourdes-tv-platform/>  
Go to <https://dioceseofnottingham.uk> for other Masses.

To contact a priest in an emergency while I am away, please telephone 01472 342301 and press 2. Please pray that all who travel to Lourdes on pilgrimage this year, whether in person with our Diocese or other groups or online, will return refreshed and uplifted. Fr Andrew

**The Fiftieth Anniversary of the Twinning of Cleethorpes and Königswinter** will be celebrated with Mass in Thanksgiving in Corpus Christi Church this Sunday, 14<sup>th</sup> July, at 9.00 am, in the presence of the Worshipful the Mayor of the Borough of North East Lincolnshire, Cllr Stephen Beasant and a civic delegation from Königswinter, in Germany. Mass will be followed by light refreshments in Holy Trinity Parish Hall.

**New Lectionaries:** If you would like to contribute towards the purchase of new lectionaries for our parish, by sponsoring these books, in memory of a loved one or for a specific intention, please complete an envelope and return it, with an offering inside it, by placing it in the offertory collection boxes. Each book will then have a dedication plate placed in the inside front cover. Sunday Missals will be available to buy from our repositories in due course.

**Parish Pilgrimage to Walsingham – 22<sup>nd</sup> August 2024:** Fr Andrew will lead a parish pilgrimage to the National Shrine of the Blessed Virgin Mary in Walsingham on Thursday 22<sup>nd</sup> August. Places on the bus, which will leave Holy Trinity Parish Hall at 7.30 am, cost £20 for adults and £10 for children. We will arrive in Walsingham in time to celebrate Mass at noon in the Basilica, attend afternoon devotions and Benediction of the Blessed Sacrament; please contact Moira Waters (01472 475026) to book your place on the bus.

**Sacrament of the Anointing of the Sick – 21<sup>st</sup> July 2024:** All who are ill – whatever the illness, whether it is chronic or acute, mental or physical – or who are suffering from anxieties or who are preparing for serious surgery can and should be anointed. There is an opportunity to gather from across our parish for the celebration of the Sacrament of the Anointing of the Sick with Benediction of the Blessed Sacrament in Corpus Christi Church next Sunday, 21<sup>st</sup> July, at 3.00 pm; all are welcome to the liturgy, which will be followed by refreshments in Holy Trinity Parish Hall with music by Family Ties, to which everyone is also welcome and to which admission is free of charge. If you need transport, please contact Marie-Therese Shennan (07736 921676). Please come along to avail yourselves of the opportunity to receive the Sacrament of the Anointing of the Sick which is, as Pope Francis describes it in his prayer intention this month, 'a visible sign of compassion and hope'. Fr Andrew

**Sacraments of Initiation:** Application forms for infant Baptism, for First Holy Communion and Confirmation in June 2025, and for Journey in Faith leading to Baptism or Reception at Easter 2025, are available in each of our churches.

**Sea Sunday – 14<sup>th</sup> July 2024:** There will be an appeal and retiring collection to support the work of Stella Maris this weekend. Please be as generous as you can.

**The Sunday Message** is not currently being uploaded onto the parish website pending the launch of the new parish website in the near future. It is being emailed each week, as usual, to those who are on the distribution list: if you should be receiving it and are not, please check your junk email settings!

**Thank You** to all our volunteers who gave of their time and commitment to meet me on Wednesday evening, and I am grateful to Duncan for organising the evening and Emily for being the keynote speaker and taking us through our safeguarding training. It is of vital importance that those who exercise any role in our parish family be aware of their responsibilities, and this cannot be abdicated. Those who were not present on Wednesday will have to attend a meeting if they wish to continue in role, and the date for that will be set once I have returned from Lourdes, where I shall pray to Our Lady for our parish. Anyone who took paperwork away with them should complete and return this by 8<sup>th</sup> September 2024. All who have parental responsibility for a child who volunteers in the parish, e.g., as a steward or reader, must also ensure they have collected, signed and returned a consent form for children and young people and the code of conduct for young people by 8<sup>th</sup> September to continue in their role. Fr Andrew

**Holy Trinity Presbytery** is the new name for what has until now been called St Mary's Presbytery – I am the parish priest of one parish, not three, and I am the rector of three churches, not one, and the new name of the 'presbytery', which means 'the priest's place', better reflects this. The parish office is based in HTP, and is open, but not necessarily manned, between 8.30 am & 3.00 pm Tuesday to Friday; please telephone 01472 342301 and press 1 to speak to me or Duncan, and please leave a voicemail if there is no answer and you would like a return call. To speak to a priest in an emergency, please telephone 01472 342301 and press 2; again, please leave a voicemail if there is no answer, and a priest will contact you as soon as possible. Fr Andrew



**ENTRANCE ANTIPHON**

As for me, in justice I shall behold your face;  
I shall be filled with the vision of your glory.

**GLORIA**

Glory to God in the highest,  
and on earth peace to people of good will.

We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

**COLLECT**

O God, who show the light of your truth  
to those who go astray,  
so that they may return to the right path,  
give all who for the faith they profess  
are accounted Christians  
the grace to reject whatever is contrary to the  
name of Christ  
and to strive after all that does it honour.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
one God, for ever and ever.  
Amen.

**FIRST READING**

Amos 7:12-15

A reading from the prophet Amos.

Amaziah, the priest of Bethel, said to Amos, "Go away, seer; get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple." "I was no prophet, neither did I belong to any of the brotherhoods of prophets," Amos replied to Amaziah. "I was a shepherd, and looked after sycamores; but it was the Lord who took me from herding the flock, and the Lord who said, 'Go, prophesy to my people Israel.'"

The word of the Lord.

Thanks be to God.

**PSALM**

Psalm 84 (85):9-14

Response:

Let us see, O Lord, your mercy, and give us  
your saving help.

1. I will hear what the Lord God has to say,  
a voice that speaks of peace,  
peace for his people.  
His help is near for those who fear him  
and his glory will dwell in our land. (R.)

2. Mercy and faithfulness have met;  
justice and peace have embraced.  
Faithfulness shall spring from the earth  
and justice look down from heaven. (R.)

3. The Lord will make us prosper  
and our earth shall yield its fruit.  
Justice shall march before him  
and peace shall follow his steps. (R.)

**SECOND READING**

Ephesians 1:3-14

A reading from the letter of St Paul to the  
Ephesians. (Shorter form between ><)

>Blessed be God the Father of our Lord Jesus  
Christ,  
who has blessed us with all the spiritual  
blessings of heaven in Christ.  
Before the world was made, he chose us, chose  
us in Christ,  
to be holy and spotless, and to live through love  
in his presence,  
determining that we should become his  
adopted sons, through Jesus Christ  
for his own kind purposes,  
to make us praise the glory of his grace,  
his free gift to us in the Beloved in whom,  
through his blood, we gain our freedom, the  
forgiveness of our sins.  
Such is the richness of the grace  
which he has showered on us  
in all wisdom and insight.  
He has let us know the mystery of his purpose,  
the hidden plan he so kindly made in Christ from  
the beginning  
to act upon when the times had run their course  
to the end:  
that he would bring everything together under  
Christ, as head,  
everything in the heavens and everything on  
earth.<

And it is in him that we were claimed as God's  
own,  
chosen from the beginning,  
under the predetermined plan of the one who  
guides all things  
as he decides by his own will;  
chosen to be,  
for his greater glory,  
the people who would put their hopes in Christ  
before he came.  
Now you too, in him,  
have heard the message of the truth and the  
good news of your salvation,  
and have believed it;  
and you too have been stamped with the seal of  
the Holy Spirit of the Promise,  
the pledge of our inheritance  
which brings freedom for those whom God has  
taken for his own, to make his glory praised.

The word of the Lord.

Thanks be to God.

**GOSPEL ACCLAMATION**

Alleluia, alleluia! Your words are spirit, Lord,  
and they are life;  
you have the message of eternal life. Alleluia!

**GOSPEL**

Mark 6:7-13

A reading from the holy Gospel according to  
Mark.

Jesus summoned the Twelve and began to  
send them out in pairs giving them authority  
over the unclean spirits. And he instructed  
them to take nothing for the journey except a  
staff – no bread, no haversack, no coppers for  
their purses. They were to wear sandals but,  
he added, 'Do not take a spare tunic.' And he  
said to them, 'If you enter a house anywhere,  
stay there until you leave the district. And if any  
place does not welcome you and people refuse

to listen to you, as you walk away shake off the  
dust from under your feet as a sign to them.' So  
they set off to preach repentance; and they cast  
out many devils, and anointed many sick people  
with oil and cured them.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

**PROFESSION OF FAITH**

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with  
the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

(all bow during the next three lines)

and by the Holy Spirit was incarnate of the  
Virgin Mary,  
and became man.

For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,  
the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and  
apostolic Church.  
I confess one Baptism for the forgiveness  
of sins  
and I look forward to the resurrection of the  
dead  
and the life of the world to come. Amen.

**PRAYER OVER THE OFFERINGS**

Look upon the offerings of the Church, O Lord,  
as she makes her prayer to you,  
and grant that, when consumed by those who  
believe,  
they may bring ever greater holiness.  
Through Christ our Lord.  
Amen.

**COMMUNION ANTIPHON**

The sparrow finds a home,  
and the swallow a nest for her young:  
by your altars, O Lord of hosts, my King and  
my God.  
Blessed are they who dwell in your house,  
for ever singing your praise.

**PRAYER AFTER COMMUNION**

Having consumed these gifts, we pray, O Lord,  
that, by our participation in this mystery,  
its saving effects upon us may grow.  
Through Christ our Lord.  
Amen.

# **I WOULD LIKE TO CONTRIBUTE TOWARDS SPONSORING A NEW LECTIONARY**



**Each lectionary costs £175, and you can contribute any amount,  
and your Intention will be written in the lectionary**

**Your Name**

---

**Contact Number**

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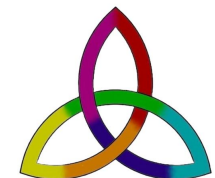
**Your Intention**

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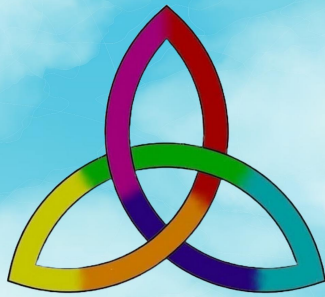
**Amount Enclosed**

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**Please place this envelope in the offertory collection boxes.  
Thank you for your support of the Church's mission.**







# **PARISH PILGRIMAGE TO WALSINGHAM**



**THURSDAY 22ND AUGUST 2024**

**COACH DEPARTURE  
FROM HOLY TRINITY PARISH HALL 7:30AM  
DEPARTING WALSINGHAM 4:00/4:30PM**

**£20 PER ADULT- £10 FOR CHILDREN  
(PRICES ARE SUBSIDISED BY THE PARISH)**

**IF YOU ARE A FAMILY PLEASE SPEAK TO FATHER ANDREW**