

# First Sunday of Lent

## Parish of The Most Holy and Undivided Trinity

### The Catholic Church in Grimsby, Cleethorpes & Immingham



#### Contact Us

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Dean of Northern Lincolnshire  
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Parish Deacon  
**Deacon Stephen Durkin**  
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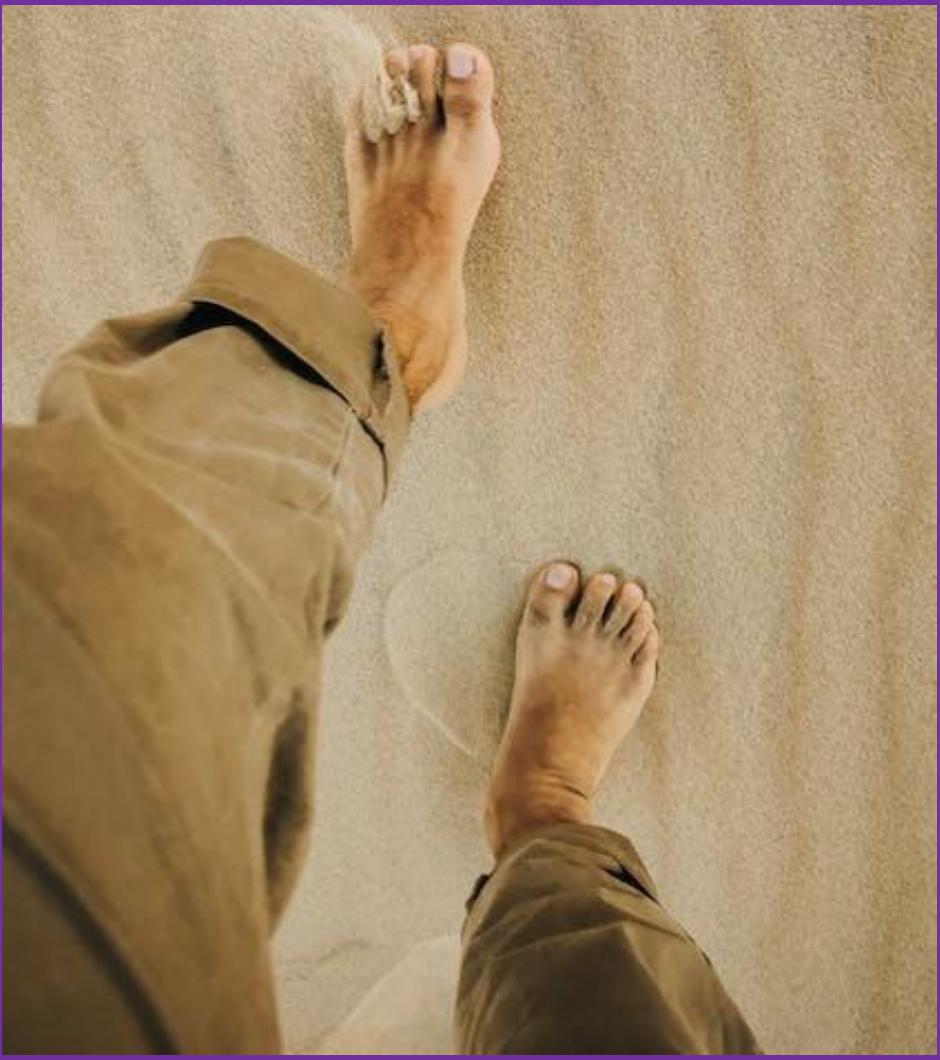
Parish Sister  
**Sister Ann Helen Byrne**  
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**Please wear a mask provided  
if you are recovering from  
colds and flu.**



## Newsletter



### Invitation - Deanery Station Mass

Our Lady of Lincoln, Laughton Way, Lincoln LN2 2HE

Thursday 5th March at 7.00pm

preceded by Adoration Exposition from 5:45pm - 6:45pm. The  
Sacrament of Confession will be available.

Celebrated by Bishop Patrick McKinney & concelebrated by Deanery Clergy

**ALL WELCOME**



## Our Schools

**St Marys Catholic Primary Voluntary Academy**  
Wellington Street  
Grimsby  
DN32 7JX

**Mr Joseph O'Connor**  
Headteacher

**Tel: 01472 357982**  
[office@smp.nelcmail.co.uk](mailto:office@smp.nelcmail.co.uk)

**St Joseph's Catholic Voluntary Academy**  
Philip Avenue  
Cleethorpes  
DN35 9DL

**Mrs Michelle Steeper**  
Acting Headteacher  
**01472 690672**  
[office@sjp.academy](mailto:office@sjp.academy)

## Our Hospital

**Diana, Princess of Wales Hospital**  
Scartho Road  
Grimsby  
North East Lincolnshire  
DN33 2BA  
01472 874111

## Parish Safeguarding Team

**Richard Mellows**  
(lead)  
&  
**Sarah Pollard**  
(deputy lead)  
**01472 342301 (ext 6)**  
**[richard.mellows@psr@dioceseofnottingham.uk](mailto:richard.mellows@psr@dioceseofnottingham.uk)**  
**07513 725509**  
**[sarah.pollard@psr@dioceseofnottingham.uk](mailto:sarah.pollard@psr@dioceseofnottingham.uk)**

## Sunday: Yr. A - Euch Prayer: III - Psalter I

### Saturday 21<sup>st</sup> February - Lenten Feria

10.00am - Holy Hour in Cleethorpes  
10.00am until Noon - Confessions in Cleethorpes  
4.30pm - Immingham - Eucharistic Adoration with Confessions  
5.00pm - **Immingham** - Mass - Deceased Kelly Family (Christina & Colin Beresford)  
6.00pm - Grimsby - Polish Language Vigil Mass

### Sunday 22<sup>nd</sup> February - First Sunday of Lent

8.30am - Cleethorpes - Eucharistic Adoration  
9.00am - **Cleethorpes** - Mass - Sr Bridgetta's Intentions  
10.30am - Grimsby - Eucharistic Adoration  
11.00am - **Grimsby** - Mass - Welfare Mai Tsungai Family (A&E Family Grimsby)  
2.30pm - Grimsby - Stations of the Cross

### Monday 23<sup>rd</sup> January - Lenten Feria

No Mass/No Service

### Tuesday 24<sup>th</sup> February - Lenten Feria

9.00am - Grimsby - Rosary - Sorrowful Mysteries  
9.30am - Grimsby - Mass - Mat Townsend RIP (Nanete Brown)

### Wednesday 25<sup>th</sup> February - Lenten Feria

#### St Mary's School Lenten Liturgy - 9.30am in the School Hall

*(Sacrament of Reconciliation 11-12 in School)*

#### St Joseph's School Lenten Liturgy - 2.00pm in the School Hall

*(Sacrament of Reconciliation 1.30-2.00pm in School)*

5.45pm - Grimsby - Eucharistic Adoration with Confessions

6.30pm - Grimsby - Mass - Welfare of the Soares Family

### Thursday 26<sup>th</sup> February - Lenten Feria

9.00am - Cleethorpes - Rosary - Luminous Mysteries

9.30am - Cleethorpes - Sr Rosemary Reilly C.S.J.P. RIP (Pat G)

### Friday 27<sup>th</sup> February - Lenten Feria

10.30am - **Crowle** - Requiem Mass for Fr J Paul Entwistle RIP (Bishop)

1.00pm - **Cleethorpes** - Followed by burial at Cemetery (Fr Robbie)

5.45pm - Cleethorpes - Stations of the Cross

6.30pm - Cleethorpes - Mass - Intention of Soares & Guterres Families

7.30pm - Grimsby - Malayalam Stations of the Cross

### Saturday 28<sup>th</sup> February - Lenten Feria

10.00am - Holy Hour in Cleethorpes

10.00am until Noon - Confessions in Cleethorpes

4.30pm - Immingham - Eucharistic Adoration with Confessions

5.00pm - **Immingham** - Mass - Afonso de Jesus RIP

6.00pm - Grimsby - Polish Language Vigil Mass

### Sunday 1<sup>st</sup> March - Second Sunday of Lent

8.30am - Cleethorpes - Eucharistic Adoration

9.00am - **Cleethorpes** - Mass - Luis; Saturnina & Giovonio Soares RIP

10.30am - Grimsby - Eucharistic Adoration

11.00am - **Grimsby** - Mass - Rudolf Lacquaire RIP (Garner-Winship Families)

2.30pm - Grimsby - Stations of the Cross

## News for the Pews

Holy Trinity Presbytery

Grimsby, DN32 9DZ

01472 342301

**Monday,**

**Tuesday & Wednesday**

9.00am until 12.30pm

Outside of these times the office  
will not be available.

### Fr Robbie's Friday Spiritual Surgery

Holy Trinity Presbytery

Grimsby, DN32 9DZ

01472 342301

Each Friday Morning  
by Appointment Only  
via the Parish Office

Appointment Times Available:  
9.00am, 10.00am and 11.00am

### Parish Finances Last Week 14 / 15 February

Thank you for your generosity  
to the work of the Church!

Loose Plate	£ 398.70
Contactless	£ 200.00
S/Orders	£1,156.17
(S/O Each week averaged out)	
<b>Total</b>	<b>£1,754.87</b>

In your Will, please remember  
your Church.

### Parish Finances Last Month January 2026

04/01/26	£ 1,805.86
11/01/26	£ 1,740.40
18/01/26	£ 1,642.87
25/01/26	£ 1,880.22
<b>Total</b>	<b>£ 7,069.35</b>

Sign up for the Parish Bulletin



#### Important

#### Safeguarding information

Please be aware that our Masses and Events are regularly filmed at Grimsby and Cleethorpes Churches and will appear online on our YouTube channel. If you are invited to sit on the sanctuary at St Mary's please remember you will be visible online. By agreeing to be seated there you are agreeing that your family is visible online. If you would like to receive Holy Communion but wish not to be visible on YouTube, please request via a welcomer that Fr Robbie bring you communion to your pew.



**200 CLUB  
SUPERDRAW**

**1ST PRIZE - £500    2ND PRIZE - £200    3RD PRIZE - £100**

We are reopening the 200 Club for the Final Draw of the 2025-2026 200 Club

Everyone who entered at the beginning and has played all year is automatically entered into the draw with your number(s) as you have already paid for these.

Anyone who has not been a part of the 200 club all year can enter this final draw, it is £12.00 for one number to enter the Superdraw. This ensures every player has paid the same amount to enter, this is a legal requirement, keeping it fair for all players.  
(You will essentially pay for the full year of draws having only entered the final draw)

Those who have played all year can pay to enter another number into the final Superdraw, again, this is £12.00 for one number for the reasons previously outlined.

By entering, you consent to having your name publicised as a winner, should you win a prize.

**To enter the draw please scan the QR code and you will be taken to the Parish's Online Store to Purchase your entries.**

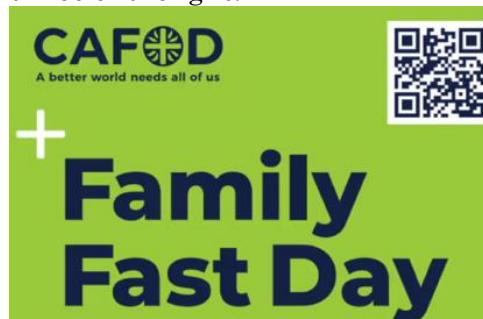
(100% of proceeds from entries to the superdraw from this point onwards will be donated directly to Parish Funds and will not add to the prize pot)

**Lenten Station Mass** - Bishop Patrick will preside at a Lenten Station Mass at Our Lady of Lincoln, Laughton Way, Lincoln LN2 2HE at 7:00pm on Thursday 5th March, preceded by Adoration Exposition from 5:45pm - 6:45pm. The Sacrament of Confession will be available. All welcome.

**Diocesan Mission Plan** - Following the Bishop's Pastoral Letter of two weekends ago and the launch event two weeks ago we have summaries of the plan available at the back of church to be collected. The full plan can be read and downloaded on the Diocesan website [www.dioceseofnottingham.uk](http://www.dioceseofnottingham.uk) If you wish to have a printed copy please ask at the parish office.

### CAFOD FAMILY FAST DAY - FRIDAY 27<sup>TH</sup> FEBRUARY

This Lent, live out the Gospel call to love your neighbour. By fasting and giving what you save, you join in Christ's compassion and help another family put food on the table. Your donation can help families around the world grow food in difficult conditions – such as on flood-resistant floating gardens or using solar-powered water pumps in times of drought.



Collect a CAFOD envelope to bless others with your support, donate online at [cafod.org.uk/envelope](http://cafod.org.uk/envelope) or call 0303 303 3030. Text CAFODLENT to 70085 to donate £10.

**JOIN YOUNG ADULTS FROM ACROSS THE DIOCESE OF NOTTINGHAM** - to enter more deeply into prayer this Lent with Sycamore's 'Learning to Pray this Lent'. Just bring yourself, a bible, and a hot drink of your choice (unless you're fasting!). With lots of practical tips, wisdom from the bible, stories from the saints, and advice about common difficulties people face when praying. To sign up head to: [www.dioceseofnottingham.uk/events/yasycamore](http://www.dioceseofnottingham.uk/events/yasycamore)

**New Contact Details** - our Parish Sister, Sister Ann Helen Byrne, now has a new diocesan email address to contact her on. Please use this address for all parish support you might feel sister can assist you with in her capacity. [Ann.byrne@dioceseofnottingham.uk](mailto:Ann.byrne@dioceseofnottingham.uk)

## Lent



### Stations of the Cross during Lent

#### Immingham

Wednesdays at 9:30am

Mass 10am

#### Cleethorpes

Fridays at 5:45pm

Mass 6:30pm

#### Grimsby - Malayalam

Fridays at 7.30pm

#### Grimsby

Sundays at 2.30pm

## Holy Week

### Palm Sunday – 29<sup>th</sup> March

Immingham – 5.00pm

Cleethorpes – 9.00am

Grimsby – 11.00pm

### Confession Monday – 30<sup>th</sup> March

Immingham – 10.00am – 11.00am

Cleethorpes – 12.00pm – 3.00pm

Grimsby – 5.00pm – 8.00pm

### Chrism Mass – 1<sup>st</sup> April

Nottingham – 11.30am

### Maundy Thursday – 2<sup>nd</sup> April

#### Mass of the Lord's Supper

Cleethorpes – 7.00pm

### Good Friday – 3<sup>rd</sup> April

#### The Passion

Cleethorpes – 3.00pm

### Good Friday – Stations of the Cross

Immingham – 10.00am

(10.30am Walk of Witness Immingham)

Grimsby – 7.00pm

### Easter Vigil – 4<sup>th</sup> April

Grimsby – 7.00pm

### Easter Sunday 5<sup>th</sup> April

Immingham – 9.00am

Cleethorpes – 11.00am

## News for the Pews

**Every family** - should look to the icon of the **Holy Family of Nazareth**. Its daily life had its share of burdens and even nightmares, as when they met with Herod's implacable violence. This last was an experience that, sad to say, continues to afflict the many refugee families who in our day feel rejected and helpless. Like the Magi, our families are invited to contemplate the Child and his Mother, to bow down and worship him (cf. Mt 2:11). Like Mary, they are asked to face their family's challenges with courage and serenity, in good times and bad, and to keep in their heart the great things which God has done (cf. Lk 2:19, 51). The treasury of Mary's heart also contains the experiences of every family, which she cherishes. For this reason, she can help us understand the meaning of these experiences and to hear the message God wishes to communicate through the life of our families.

#### Amoris Laetitia – The Joy of Love

is a document that celebrates married and family love and their central role in the life of the Church and the wider world.

**Confessions at St Mary's on Saturdays - not being available -** As previously stated in the Autumn, during the winter months it is not cost effective to heat the large church for Adoration/Confession on Saturdays at Grimsby. Once spring arrives, Confessions will be shared out equally/alternating.

**Refreshments at St Mary's** will begin again, when either the school gives us access once more after a time of them working on a major leak, or when the weather makes it suitable for us to serve tea/coffee outside in the church grounds. The church is in need of renovation in the corner where refreshments used to be served. The back of church with children running around is not safe to have hot drinks served. Let us work collaboratively to keep costs down and keep us all safe. I know these things can be frustrating for continued community cohesion, but please bear with me whilst I look for solutions - it is on my radar, I promise.

With every blessing Fr Robbie



## St Joseph & St Mary - School Corner

**Lenten Mass with St Mary's School - Wednesday 11th March**  
St Mary's Church - 9.30am in Church

**School Mass - Feast of St Joseph - Thursday 19th March**  
St Joseph School - 2.00pm in the School Hall

**Palm Sunday Liturgy - Friday 27th March**  
(Palm Sunday 29th March)

\*Each School to lead their own Liturgy focused on Palm Sunday

**Last Supper Liturgy - Monday 30th March**

\*Each School to lead their own liturgy focused on Last Supper

**Sch Lenten Masses - Tuesday 31<sup>st</sup> Mar - Theme: Good Friday**  
St Mary's School Mass - 9.30am in St Mary's Church  
St Joesph's School Mass - 2.00pm in the School





## Message of the Holy Father Leo XIV for Lent 2026

### Listening and Fasting : Lent as a Time of Conversion

Dear brothers and sisters,

Lent is a time in which the Church, guided by a sense of maternal care, invites us to place the mystery of God back in the centre of our lives, in order to find renewal in our faith and keep our hearts from being consumed by the anxieties and distractions of daily life.

Every path towards conversion begins by allowing the word of God to touch our hearts and welcoming it with a docile spirit. There is a relationship between the word, our acceptance of it and the transformation it brings about. For this reason, the Lenten journey is a welcome opportunity to heed the voice of the Lord and renew our commitment to following Christ, accompanying him on the road to Jerusalem, where the mystery of his passion, death and resurrection will be fulfilled.

#### ***Listening***

This year, I would first like to consider the importance of making room for the word through *listening*. The willingness to listen is the first way we demonstrate our desire to enter into relationship with someone.

In revealing himself to Moses in the burning bush, God himself teaches us that listening is one of his defining characteristics: “I have observed the misery of my people who are in Egypt; I have heard their cry” (*Exodus 3:7*). Hearing the cry of the oppressed is the beginning of a story of liberation in which the Lord calls Moses, sending him to open a path of salvation for his children who have been reduced to slavery.

Our God is one who seeks to involve us. Even today he shares with us what is in his heart. Because of this, listening to the word in the liturgy teaches us to listen to the truth of reality. In the midst of the many voices present in our personal lives and in society, Sacred Scripture helps us to recognize and respond to the cry of those who are anguished and suffering. In order to foster this inner openness to listening, we must allow God to teach us how to listen *as he does*. We must recognize that “the condition of the poor is a cry that, throughout human history, constantly challenges our lives, societies, political and economic systems, and, not least, the Church.”<sup>[1]</sup>

#### ***Fasting***

If Lent is a time for listening, *fasting* is a concrete way to prepare ourselves to receive the word of God. Abstaining from food is an ancient ascetic practice that is essential on the path of conversion. Precisely because it involves the body, fasting makes it easier to recognize what we “hunger” for and what we deem necessary for our sustenance. Moreover, it helps us to identify and order our “appetites,” keeping our hunger and thirst for justice alive and freeing us from complacency. Thus, it teaches us to pray and act responsibly towards our neighbour.

With spiritual insight, Saint Augustine helps us to understand the tension between the present moment and the future fulfilment that characterizes this custody of the heart. He observes that: “In the course of earthly life, it is incumbent upon men and women to hunger and thirst for justice, but to be satisfied belongs to the next life. Angels are satisfied with this bread, this food. The human race, on the other hand, hungers for it; we are all drawn to it in our desire. This

reaching out in desire expands the soul and increases its capacity.”<sup>[2]</sup> Understood in this way, fasting not only permits us to govern our desire, purifying it and making it freer, but also to expand it, so that it is directed towards God and doing good.

However, in order to practice fasting in accordance with its evangelical character and avoid the temptation that leads to pride, it must be lived in faith and humility. It must be grounded in communion with the Lord, because “those who are unable to nourish themselves with the word of God do not fast properly.”<sup>[3]</sup> As a visible sign of our inner commitment to turn away from sin and evil with the help of grace, fasting must also include other forms of self-denial aimed at helping us to acquire a more sober lifestyle, since “austerity alone makes the Christian life strong and authentic.”<sup>[4]</sup>

In this regard, I would like to invite you to a very practical and frequently unappreciated form of abstinence: that of refraining from words that offend and hurt our neighbour. Let us begin by disarming our language, avoiding harsh words and rash judgement, refraining from slander and speaking ill of those who are not present and cannot defend themselves. Instead, let us strive to measure our words and cultivate kindness and respect in our families, among our friends, at work, on social media, in political debates, in the media and in Christian communities. In this way, words of hatred will give way to words of hope and peace.

### ***Together***

Finally, Lent emphasizes the communal aspect of listening to the word and fasting. The Bible itself underlines this dimension in multiple ways. For example, the Book of Nehemiah recounts how the people gathered to listen to the public reading of the Law, preparing to profess their faith and worship through fasting, so as to renew the covenant with God (cf. *Nehemiah* 9:1-3).

Likewise, our parishes, families, ecclesial groups and religious communities are called to undertake a shared journey during Lent, in which listening to the word of God, as well as to the cry of the poor and of the earth, becomes part of our community life, and fasting a foundation for sincere repentance. In this context, conversion refers not only to one’s conscience, but also to the quality of our relationships and dialogue. It means allowing ourselves to be challenged by reality and recognizing what truly guides our desires — both within our ecclesial communities and as regards humanity’s thirst for justice and reconciliation.

Dear friends, let us ask for the grace of a Lent that leads us to greater attentiveness to God and to the least among us. Let us ask for the strength that comes from the type of fasting that also extends to our use of language, so that hurtful words may diminish and give way to a greater space for the voice of others. Let us strive to make our communities places where the cry of those who suffer finds welcome, and listening opens paths towards liberation, making us ready and eager to contribute to building a civilization of love.

I impart my heartfelt blessing upon all of you and your Lenten journey.

From the Vatican

5<sup>th</sup> February 2026

Memorial of Saint Agatha, Virgin and Martyr

**LEO PP. XIV**

<sup>[1]</sup> Apostolic Exhortation *Dilexi Te* (4 October 2025), 9.

<sup>[2]</sup> Augustine *The Usefulness of Fasting*, 1, 1.

<sup>[3]</sup> Benedict XVI, *Catechesis* (9 March 2011).

<sup>[4]</sup> Paul VI, *Catechesis* (8 February 1978).

# SYCAMORE

18-35s • Mondays during Lent • Online • 7:30pm  
(BEGINNING 23RD FEBRUARY)

*Join fellow **Young Adults** and enter more deeply into prayer this Lent. Just bring yourself, a bible, and a drink of your choice (unless you're fasting!)*

- 23/02 PRAYER FOR BEGINNERS
- 02/03 SEVEN RULES OF PRAYER
- 09/03 PRAYING WITH THE BIBLE
- 16/03 HOW TO PRAY THE MASS
- 23/03 HOW TO OFFER UP YOUR SUFFERINGS TO GOD
- 30/03 SILENT PRAYER AND THE PRESENCE OF GOD



[www.dioceseofnottingham.uk/events/YASycamore](http://www.dioceseofnottingham.uk/events/YASycamore)

Contact [charles.archer@dioceseofnottingham.uk](mailto:charles.archer@dioceseofnottingham.uk) for more info.



2026 THEME: "Hail, full of grace, the Lord is with you" (Luke 1:28)

NOTTINGHAM DIOCESAN  
**Lourdes**  
PILGRIMAGE • 2026



*My pilgrimage to Lourdes*

**MONDAY 13<sup>TH</sup> -  
FRIDAY 17<sup>TH</sup>  
JULY 2026**

**Package Includes:**

- Return direct flights from East Midlands Airport to Lourdes
- Full board for 4 nights in a three or four star hotel
- Assistance from the Diocesan Hospitalité and Health Team
- From £940pp including flights, accommodation, and full board



The  
Catholic  
Diocese of  
Nottingham

**BOOKINGS OPEN!**

[www.tangney-tours.com/nottingham](http://www.tangney-tours.com/nottingham) 

or Telephone: 01732 886666





*Revised 29<sup>th</sup> August 2020*

**By order of the Bishop, the following statement is to be published  
on the weekends in February and October each year**

Marriage is a lifelong vocation of a man and a woman to a community of life and love open to children, and, between the baptized, it is a Sacrament. Aware of the many pressures today which can endanger family life, the Church is constantly concerned to make sure that those of you planning to marry are prepared as well as possible. We would like to remind those who wish to marry of the following:

1. It is important that a couple go to see their priest in good time before their wedding. Normally, at least six months' notice should be given.
2. Marriage preparation is carried out by the priest, often assisted by a group from the parish. Courses arranged on a Deanery basis are recommended.
3. Catholics are reminded of their obligation to preserve their faith and to do all they can within the unity of their partnership to have all their children baptized and brought up in the faith and practice of the Catholic Church.
4. Non-Catholic partners will be informed of this promise, but they are not asked to make this or any similar promise.
5. Dispensation for a marriage between a Catholic and a non-Catholic to take place in a non-Catholic church can only be granted for a serious reason. Couples who wish to marry in a non-Catholic church should discuss the matter with their priest in good time before their wedding day to see whether a dispensation could be granted.

All couples marrying these days need the support of the local Church. In this way they will be strengthened in their preparation for marriage, in celebrating their marriage, and in living out their covenant with one another.

We wish to thank all those married people who show such constancy and fidelity to their vocation of marriage. May their example inspire those planning to marry in the Church.

**Right Reverend Patrick McKinney**  
Bishop of Nottingham